



WEEK 5 - THE DISCIPLES

SHINING THROUGH THE ORDINARY

OPENING PRAYER:

Gracious God, some people are heroes, or celebrities, or important business people... but most people are just normal. Help us to remember that you love normal people and use normal people, like the Disciples, to do your work in the world. Help us to spread your message or hope and love. Let us always let our lights shine in all that we do. Amen.

SUPPORT:

- Support one another by sharing the best and worst parts of your day.
 - Talk about how you let your light shine or saw others letting their lights shine today.
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LEARN:

Read Matthew 4:12-23, 9:9-13, 10:1-4
OR "The Disciples" page 110 in the *Spark Story Bible*

- What was your favorite part of the story?
 - How did the characters in this story let their lights shine?
 - Can you name all 12 disciples?
 - Which of the disciples do you feel the most like and which seems not like you at all?
 - Have you ever been asked to do something that you thought was WAY too hard with WAY too much responsibility? What was it?
 - How did it go? Did you feel good about yourself that someone would trust you with such a big task?
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ENGAGE: Construction Paper Prayer Journal

Supplies: Multiple sheets of Construction Paper, Hole Punch, Rubber Band, Wooden Stick

Object: To create a Prayer Journal to write or draw in

How To:

Fold up to 5 pieces of construction paper in half. Punch 2 holes through all the paper near the fold. One near the top and one near the bottom. Flip the book over, fold your rubber band, and thread one end of the rubber band through the top hole and one through the bottom hole. Flip the book to the front. Now place your stick through each end of the rubber band. You're done! You can then use your journal to draw or write some prayers.

NOURISH: Snack Recipe – Celery & Peanut Butter

This week's snack is Celery & Peanut Butter. When you add raisins to the top, it's often known by the name – "Ants on a Log." The recipe first appeared in the Girl Scout Cookbook in 1946; however, the recipe was simply called Celery Sticks. At some point in the 1950's the name shifted to Ants on a Log.

SAFELY slice up you're a bunch of celery. Spread Peanut Butter in down the middle of the celery. Top with raisins or craisins.

Bon Appetite!

PRAY: Lord's Prayer

Traditional

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Contemporary

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.

BLESS: Child of God, let your light shine!