



WEEK 1 - NAOMI & RUTH
SHINING THROUGH SORROW

OPENING PRAYER:

Gracious God, there are a lot of things in life that make us sad. Thank you for being with us during those times and remind us to be there for others in their times of sadness, just like Naomi and Ruth were there for each other. Let us always let our lights shine in all that we do. Amen.

SUPPORT:

- Support one another by sharing the best and worst parts of your day.
 - Talk about how you let your light shine or saw others letting their lights shine today.
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LEARN:

Read Ruth 1:1-22

OR "Naomi & Ruth" Pg. 110 in the Spark Story Bible

OR Watch the Story, Song, & Snack Video online.

- What was your favorite part of the Story?
 - How did the characters in this story let their lights shine?
 - Have you ever been in a situation like Ruth, where you had to choose between two very important and different things?
 - Would you have responded like Ruth (and gone with Naomi) or Orpah (and gone back to your family)?
 - Has anyone ever shown you as much love and support as Ruth showed Naomi?
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ENGAGE: Table Grace Prayer Dice and Prayer Booklet

Supplies: Blank Wooden Dice, Stickers, Markers, Prayer Booklet Pages

Object: To create a table grace dice and prayer book to make picking a table prayer each night easier.

How To:

Each side of the dice will be decorated with stickers or creatively drawing an image that represents each table grace.

The 6 table graces we have chosen are as follows: (The Jaws Grace- a shark sticker, Johnny Appleseed Grace- and apple sticker, A B C Grace- letter stickers. Come Lord Jesus be our Guest- cross or Jesus sticker, Firecracker Grace- star or firework sticker, Superman Grace- super sticker.) But you can replace one of them with another favorite if you want.

All stickers could be replaced by drawings. Words to all graces are printed in the Prayer Booklet. Punch a hole in the top corner of the booklet and place the ring through them all.

NOURISH: Snack Recipe – Apples & Cheese

This week's snack is Apples & Cheese. These are two items that pair well together. In fact in some restaurants, Apple Pie is served with Cheddar Cheese. This practice dates back to 17th Century England.

SAFELY slice up your favorite kind of apple and your favorite kind of cheese... If you are more curious – you can find a lot of charts online that tell what kinds of apples and cheese pair well together.

Bon Appetite!

PRAY: Lord's Prayer

Traditional

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Contemporary

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.

BLESS: Child of God, let your light shine!